Adaptive Execution System — Capture Sheet

For the facilitator — capture what the team discovered, in their words, so it survives the room. Fill it in as the activity runs, not after. The shaded fields are this tool's actual outputs.

TEAM / GROUP _____ FACILITATOR _____ DATE _____

THE ONE IDEA

Every plan depends on assumptions. Good plans know what they are.

Plans don't fail because you didn't plan hard enough — they fail at the hidden assumptions nobody named.

1 · The plan the team brought — the real plan being tested (sprint, delivery plan, roadmap)

2 · The assumptions the plan depends on NAMED one per row; mark which fail under the shock

Assumption (something the plan needs to stay true)	Fails under shock?

3 · The shock THE TEST the plausible change, drawn from the Shock List, applied to every assumption

SHOCK APPLIED:

4 · What the team discovered THE REVEAL the insight, in their words

5 · The fragile assumptions, redesigned CARRY FORWARD each with a signal and a pre-agreed response

Fragile assumption	Early warning signal	Pre-agreed response

6 · What you'll watch, and who watches it — the signals to monitor after today, with an owner

7 · The reusable habit — take it back: **before committing any plan, ask: "which part of this assumes nothing will change?"**

· Facilitator notes — what worked, what to watch, the re-test result, follow-ups

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Before you leave the room: *photograph this sheet and send it to everyone who took part. The capture is the bridge from the activity to the work — the early warning signals only protect the plan if someone is actually watching them.*

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