Capacity & Feasibility System — Capture Sheet

For the facilitator — capture the real capacity, the revealed costs and the affordable set, so the decision survives the room. Fill it in as you run the activity. The shaded fields are this tool's actual outputs.

THE ONE IDEA

Count capacity before you commit.

You can't say no to a real list with an imaginary limit. Feasibility is a decision, not a discovery.

TEAM / GROUP _____ FACILITATOR _____ CYCLE / DATE _____

1 The real capacity

counted first, in tokens — and how much is already in flight

TOTAL CAPACITY (TOKENS)	−	ALREADY IN FLIGHT	=	FREE TO SPEND
_____		_____		_____

2 Guessed vs real cost — the reveal

what the team guessed, then the true cost turned over

Commitment	Guessed	Real cost
Total real cost vs free capacity: _____ / _____ — over by _____		

3 What the team noticed — the lesson

in their words: the "we committed before we knew the cost" moment

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4 The affordable set & what was dropped

carry forward — each over-capacity item handled on purpose

Commitment	Decision	Owner / note
	keep / push / resource / drop	
	keep / push / resource / drop	
	keep / push / resource / drop	
	keep / push / resource / drop	
	keep / push / resource / drop	

5 The capacity we hold

the token count to point to against the next request — and who holds it

6 The reusable habit — take it back

the one question for the next commitment

THE HABIT

Before saying yes to new work: "What will this really cost us, and can we afford it?"

Feasibility is a decision, not a discovery.

· Facilitator notes

what worked, what to watch, items resourced, follow-ups

Before you leave the room: photograph the board with its token pool and the revealed costs, and send it with this sheet to everyone who took part. The capacity count only holds against the next request if everyone saw it run out.

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