CONSTRAINTS · MANAGE TIME

Time Compression Drill

Protect the core, then let a compressing clock cut the rest — until the plan fits the deadline instead of defying it.

Facilitator _____

Team / date _____

THE DEADLINE THAT WON'T MOVE

_____ *the fixed date — and the scope that won't fit*

PROTECT THE CORE — BEFORE ANY CUTTING

● NAMED FIRST · THE CLOCK NEVER TOUCHES IT

what must ship for this to count as delivered? Name it first, or panic cuts the wrong things.

⏱ THE SHRINKING ROUNDS

each round gives radically less time — cut the negotiable, never the core. "What disappears completely?"

FULL BUILD — unlimited

everything in the plan

HALF TIME — ½ the time

cut the negotiable to fit

CRITICAL CORE — ¼ the time

only what ships + what defends it

✓ THE COMPRESSED PLAN

a plan that fits the time — committed, not a full scope you'll silently miss

WHAT SHIPS

the core that will actually be delivered in the time

WHAT'S CUT OR DEFERRED

dropped on purpose — decided, not lost by accident

You can't compress time. You can only compress scope.

Protect the core before you cut · cut scope, don't promise speed · let the clock make the cut · end explicit, not vague

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