

BARISTA INSTRUCTIONS

DETAILED INSTRUCTIONS FOR USING THE TOOL

01 Start the Café

- Start the Game:
  a. Launch the Barista game
  b. The café opens with multiple customers arriving to place orders.

- Take and Manage Orders:
  a. Listen to or read customer orders carefully.
  b. Each order must be logged into the virtual kitchen and prepared within the time limit.
  c. Manage simultaneous requests, such as taking new orders while fulfilling existing ones.

Prioritize and Serve:

a. Strategically decide which orders to complete first based on urgency or complexity.
b. Deliver finished items promptly to avoid customer dissatisfaction.

- Scoring System:
  a. Points are awarded for each successful order completed within time.
  b. Missed or late orders reduce the score and affect your “customer satisfaction meter.”

- Level Progression:
  a. Higher levels introduce more customers, complex orders, and shorter timers — requiring sharper focus and improved task-switching.

Winning the Game:

a. The goal is to maintain high accuracy and customer satisfaction while managing as many concurrent tasks as possible.
b. Over time, players notice improvement in how they plan, sequence, and execute tasks efficiently

02 Masterclasses

- The Attention Architect: Design The Day for Deep Work
- The Sprint Mindset: Managing Cognitive Energy
- The Zone Defense: Protecting Deep Work

03 More Tools

- Alpha Span
- Block Lock
- Digit Span